

**UPSTREAM RESOLUTION of ALIGNMENT**  
**Aligning Community Support Network Practices and Activities**  
**With the Upstream Investments Initiative**

Resolution No: 10-25-2012  
RESOLUTION of Community Support Network

WHEREAS, the County of Sonoma is sponsoring a community-wide strategic initiative called Upstream Investments with the following **mission**: To facilitate the implementation of prevention-focused policies and interventions that increase equality and reduce monetary and societal costs for all residents of Sonoma County.

WHEREAS, the Upstream Investments **vision** for all residents of Sonoma County is that poverty is eliminated and all people have an equal opportunity for quality education and good health in nurturing home and community environments.

WHEREAS, the Upstream Investments Initiative is designed to target the following factors:

Social and economic factors

Poverty and racial/ethnic disparities  
Community conditions  
Public opinion, public policy, and laws

Family and individual factors

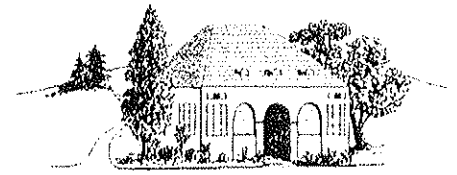
Family dysfunction  
Negative peer influences  
Early antisocial behavior

WHEREAS, the Upstream Investments Initiative seeks to promote four community goals:

1. The whole community is engaged in supporting the healthy development of children.
2. Community members have access to education and training and are adequately prepared for the challenges of the future.
3. All community members are well sheltered, safe, and socially supported.
4. Sonoma County has a thriving diverse economy that produces economic security for all.

WHEREAS, the Upstream Investments Initiative seeks to expand funding for Model Upstream Programs and also seeks to promote **organizational practices** that support the Upstream Vision.





---

---

## Community Support Network

---

---

WHEREAS, the Upstream Investments Strategic Initiative promotes the implementation of outcomes-based practices including Evidence-Based Practices, Promising Practices, and Emerging Practices.

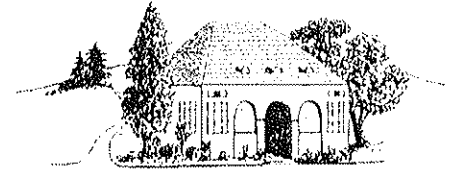
WHEREAS, Twenty-two indicators of success will inform the community about the success of Upstream Investments.

- |   |                                     |
|---|-------------------------------------|
| 1. Reduced child maltreatment             | 12. Improved higher education       |
| 2. Reduced youth binge drinking           | 13. Improved housing affordability  |
| 3. Reduced youth drug use                 | 14. Reduced homelessness            |
| 4. Reduced youth depression               | 15. Reduced juvenile arrests        |
| 5. Reduced youth tobacco use              | 16. Reduced adult arrests           |
| 6. Reduced teen births                    | 17. Reduced domestic violence       |
| 7. Reduced obesity                        | 18. Reduced gang membership         |
| 8. Improved pre-school attendance         | 19. Improved youth connectedness    |
| 9. Improved 3 <sup>rd</sup> grade reading | 20. Reduced poverty                 |
| 10. Improved 3 <sup>rd</sup> grade math   | 21. Reduced unemployment            |
| 11. Improved high school completion       | 22. Improved health insurance rates |

NOW, THEREFORE, BE IT RESOLVED that Community Support Network shares the Upstream Investments mission, goals, commitment to improving the indicators of success, and vision and has aligned its organizational practices with the Upstream Investments Initiative as follows:

Community Support Network is aligned with Upstream Investment's mission related to implementing evidence-based practices with Transitional Age Youth and adults with mental health challenges. Specifically, Community Support Network has taken a leadership role in implementing and sharing the evidence-based practice *Seeking Safety* with other agencies. This Tier 1 program provides transitional age youth and adults with important positive coping skills. These coping skills are protective factors against domestic violence, substance abuse, homelessness, and arrests. The positive coping skills learned in the *Seeking Safety* program also help transitional age youth and adults improve their education level, their ability to have healthy relationships, and their ability to gain meaningful employment.





---

## Community Support Network

---

When Community Support Network is sharing these important skills with transitional age youth and adults with mental health challenges, our mission and the mission of Upstream Investments is aligned.

Community Support Network works collaboratively with the Sonoma County Behavioral Health Division in providing four supportive housing programs for Transitional Age Youth and Adults with mental health challenges. Community Support Network operates a permanent living program in collaboration with the Sonoma County Community Development Commission and HUD. Community Support Network also runs five other supportive housing programs in Sonoma County. The total operating budget of Community Support Network is \$1,800,000. *Seeking Safety*, a Tier 1 evidence-based practice in the Upstream Investments Portfolio, is utilized in all of Community Support Network's programs.

Community Support Network also implements the following evidence-based programs: Motivational Interviewing and Illness Management and Recovery.

Community Support Network works collaboratively with the Sonoma County Behavioral Health Division with their implementation of the evidence-based assessment tool called the ANSA (The Adult Needs and Strengths Assessment) with each of the clients we serve in our three social rehabilitation programs.

Community Support Network will be posting a link to SonomaUpstream.org on its website.

Approved and adopted the 13<sup>th</sup> day of Dec. 2012. I, the undersigned, hereby certify that the foregoing Resolution Number 10-25-2012 was duly adopted by the Board of Directors of Community Support Network.

Following Roll Call Vote: Ayes: 5  
Nos: 0  
Absent: 1

  
\_\_\_\_\_  
Tim Mooney, Board of Directors Chair