



# UPSTREAM INVESTMENTS

*It is easier to build strong children than to fix broken lives.*

## **Possible Outcomes for Shared Measurement**

Updated: March 2013

# FAMILY DYSFUNCTION

## **Aversive Childhood Experiences (ACE)**

While you were growing up during your first 18 years of life...

1. Did a parent or other adult in the household often or very often... Swear at you, insult you, put you down, or humiliate you? or Act in a way that made you afraid that you might be physically hurt?
2. Did a parent or other adult in the household often or very often... Push, grab, slap, or throw something at you? or Ever hit you so hard that you had marks or were injured?
3. Did an adult or person at least 5 years older than you ever... Touch or fondle you or have you touch their body in a sexual way? or Attempt or actually have oral, anal, or vaginal intercourse with you?
4. Did you often or very often feel that ... No one in your family loved you or thought you were important or special? or Your family didn't look out for each other, feel close to each other, or support each other?
5. Did you often or very often feel that ... You didn't have enough to eat, had to wear dirty clothes, and had no one to protect you? or Your parents were too drunk or high to take care of you or take you to the doctor if you needed it?
6. Was a biological parent ever lost to you through divorce, abandonment, or other reason ?
7. Was your mother or stepmother:  
Often or very often pushed, grabbed, slapped, or had something thrown at her? or Sometimes, often, or very often kicked, bitten, hit with a fist, or hit with something hard? or Ever repeatedly hit over at least a few minutes or threatened with a gun or knife?
8. Did you live with anyone who was a problem drinker or alcoholic, or who used street drugs?

9. Was a household member depressed or mentally ill, or did a household member attempt suicide?
10. Did a household member go to prison?

## EDUCATION

### **Early Education**

11. Enrolled in formal early learning program
12. Meets age appropriate developmental milestones
13. Enrolled in full-day kindergarten
14. Kindergarten readiness
15. Parent reads to child at home
16. Proficiency in third grade reading
17. Proficiency in sixth grade reading
18. Proficiency in fourth grade math
19. Proficiency in fifth grade science
20. Proficiency in seventh grade math
21. Proficiency in eight grade science
22. English Language Learners gain one or more level of English proficiency each year
23. Enrollment in special education; IEP

### **High School**

24. On time High School graduation
25. Pass/fail California High School Exit Exam
26. SAT score
27. ACT score
28. Number of course failures
29. Number of suspensions and/or expulsions

### **Postsecondary**

30. Parent believes a college degree is important and actively supports child's education
31. Meets minimum college admission requirements
32. Enrolled in postsecondary education

- 33. Persists to second year at postsecondary school
- 34. Earns postsecondary degree by the age of 26

## SUBSTANCE USE

### **Alcohol**

- 35. Reports binge drinking in the past 30 days
- 36. Received treatment for alcohol abuse
- 37. Arrested for DUI (alcohol)
- 38. Hospitalized for use of alcohol
- 39. If under 21, ease of purchasing alcohol
- 40. Age started drinking alcohol
- 41. Parents abuse alcohol

### **Drugs**

- 42. Drugs use
- 43. Received treatment for drug abuse
- 44. Arrested for DUI (drug)
- 45. Hospitalized for use of drugs
- 46. Ease of purchasing drugs
- 47. Age started using drugs
- 48. Parents abuse drugs

### **Tobacco**

- 49. Number of cigarettes smokes in day, week, month, year

## NUTRITION AND PHYSICAL ACTIVITY

### **Nutrition**

- 50. Number of fruits consumed per day
- 51. Number of vegetables consumed per day
- 52. Level of food security
- 53. Number of times consumed fast food in typical week
- 54. Number of sodas or other sugary beverages consumed in typical week

### **Physical Activity**

- 55. Total minutes of physical activity in typical week
- 56. Type of physical activity preferred

### **Other**

- 57. Hours of sleep in typical night
- 58. BMI

## REPRODUCTIVE AND SEXUAL HEALTH

### **Sexual Health**

- 59. Number of sexual partners
- 60. Use of contraception
- 61. Contraction of sexually transmitted infection

### **Reproductive Health**

- 62. If female ages 15-44, received reproductive health services in past 12 months
- 63. If pregnant, engages in prenatal care
- 64. Birth weight of child
- 65. Premature birth

## HEALTH CARE

### **Juvenile crime**

- 66. Type of offense crime
- 67. Weapon involved in crime
- 68. Re-enter criminal justice system after off probation
- 69. Length of time on probation
- 70. Number of delinquent crimes

### **Adult crime**

- 71. Type of offense crime
- 72. Weapon involved in crime
- 73. Re-enter criminal justice system after out of jail

74. Length of time incarcerated for crime

### **Gang-related**

75. Gang affiliation

76. Crime/offense that was gang-related

### **Domestic Violence**

77. ER visit for intimate partner violence (IPV)

78. Teen dating violence

79. Experience of IPV

## **HEALTH CARE**

### **Health Care Providers/Insurance**

80. Has a primary care physician

81. Number of emergency room visits in one year

82. Type of insurance

### **Individual Health/Prevention**

83. Receives recommended immunizations and vaccines

84. Receives appropriate disease/cancer screening

85. Receives annual dental visits and care

### **Mental Health**

86. Suicidal attempts

87. Mental health DSM diagnosis

88. Mental health treatment

### **Death**

89. Cause of death

90. Age of death

# HOUSING

## **Housing status**

- 91. Type of housing
- 92. Number of individuals in household

# COMMUNITY CONDITIONS

## **Neighborhood**

- 93. Average home price in zip code
- 94. Average rent price in zip code
- 95. Cost of living
- 96. Walkability of neighborhood
- 97. Parks and recreation in neighborhood
- 98. Cleanliness of street and neighborhood
- 99. Perceived safety of neighborhood
- 100. Crime in neighborhood
- 101. Access to grocery stores/ healthy foods in neighborhood
- 102. Average rating of schools in the neighborhood
- 103. Availability of adequate health care within 1 mile radius

## **Family**

- 104. Family size